

THE DAVENTRY & DISTRICT FORUM Enhancing the Quality of Life for the Over Fifties

NEWSLETTER
ISSUE 52
SEPTEMBER
2022

Greetings from Gloria

Dear Members,

After the last few weeks of debilitating extremely hot weather it is now a pleasure to go out into the garden and breathe fresh air. Like many of you I would now welcome more rain as my lawn is parched. My brother who is a farmer telephoned me to say he has now harvested some of his crops with the help of neighbourhood villagers which is a blessing. As many of you may know farms are so dependent on the weather and as a small country we in turn are dependent on farms.

DDF are planning another forum in Daventry on Wednesday 30 November and also hope to be doing some outreach work with other agencies in our area. It is important that we try to cover some rural parts of the former Daventry District as more problems often exist in respect of isolation especially for the elderly housebound, disabled people and their carer's.

Although we have survived the initial impact of Covid it still looms within our communities putting pressure on Health and Social Care and the Voluntary Sector.

Added to this we have the turbulent times of the economy and the effect it has on the welfare of all of us due to rising prices on food and services. Also the rising prices of fuel plus gas and electric which hovers above us all.

Whilst we can all feel negative at times but I firmly believe talking about things and sharing problems helps. I would advise anyone who needs help not to hesitate in contacting Citizens Advice for guidance help and direction.

Always remember the old saying 'a problem shared is a problem halved' albeit difficult if you may be a proud and independent person.

I try to always think positive and count my blessings but realise this is not infallible to many.

One thing we all must continually guard against is the scams by telephone or online which have rapidly increased lately. It is far too easy for a lonely elderly or vulnerable person to receive a phone call with a supposedly kind or friendly tone which could gain your confidence.

Without boring you just remember your bank will never phone you and never give your bank details to strangers who may phone you. I tell them to put hard copy in the post and put the phone down.

I look forward to seeing you all again and to fully getting back to normal as like members I really enjoy our events plus meeting with you and other agencies.

My thanks go to Deanna Eddon our Treasurer, our Management Committee, and to Emma Parry West Northants Council for continued support and commitment. **Kindest Regards Gloria**

DDF is supported by

0300 126 7000



www.westnorthants.gov.uk

ACTION FOR HAPPINESS

actionforhappiness.org

Autumn booster vaccinations are now open for bookings in Northamptonshire

Integrated Care Northamptonshire

In the latest phase of Northamptonshire's COVID-19 vaccination programme, from Wednesday 7 September the first set of eligible people, including people aged 75 and over, people who are immunosuppressed and health and care workers, will be able to book vaccinations online or by calling 119. And this time round, even more pharmacy-led community sites will be open across the county to protect the people of Northamptonshire. Also, an extra new variant-tackling jab has been made available. The National Booking System will offer autumn booster appointments at sites across the county from Monday 12 September onwards. New sites for COVID-19 vaccinations will open in a number of locations, making sure there is a site within easy reach of all areas of the county. The NHS will contact people when it is their turn to book in for the vaccine – you do not need to contact the NHS. Invitations will be sent out by text or letters, and as with earlier campaigns, the oldest and most vulnerable will be called first.

The vaccine has been designed to provide protection against both the Omicron variant and the original COVID-19 strain.

Further information about COVID-19 vaccination in Northamptonshire is available online at www.northamptonshire.gov.uk/covidvaccine

Directory of Community Transport Providers



Community transport schemes provide a responsive transport service for a wide range of people and communities – often the most vulnerable. They are operated by not-for-profit organisations and harness the experience and energy of volunteers who give freely of their time to help others.

Free copy of Northamptonshire Community and Voluntary Transport Providers by contacting acre@northantsacre.org.uk or call 01604 765888.

It has all provider details in the county, its invaluable if you don't have a regular public service you can rely on.



Action Fraud is the UK's national reporting centre for fraud and cyber-crime where you should report fraud if you have spotted a scam or have been scammed, defrauded or experienced cyber-crime.

You can visit the website www.actionfraud.police. uk or call Action Fraud on 0300 123 20 40.

International Day of People with Disabilities

West Northants Council are delighted to bring you the International Day of People with Disabilities Virtual Event again this year on Thursday 1 December from 11am until about 1.30/2pm. It will be full of content useful and entertaining for those with and without disabilities.

This year we would love to invite you into one of our spaces in order to watch the live screening in a social environment. There are 3 locations available,
Northampton, Daventry and Towcester. Free tea and coffee will be available. The only thing we ask is that you let us know you are coming by phoning 07826 993847 or by booking

Northampton - https:// www.eventbrite.co.uk/e/ international-day-of-peoplewith-disabilities-northamptontickets-403363409817

online.

Daventry - https:// www.eventbrite.co.uk/e/copyof-international-day-of-peoplewith-disabilities-daventrytickets-403365195157

Towcester - https:// www.eventbrite.co.uk/e/ international-day-of-peoplewith-disabilities-towcestertickets-403369688597



SAVE THE DATE WEDNESDAY 30 NOVEMBER 3-5pm

Come and join DDF at our next public event forum at our NEW venue

St Augustine's Hall
St Augustine's Church
London Road
Daventry, NN11 4BZ

Armed Forces Community Hubs

Community Hubs are a relaxed place where members of the Armed Forces Community - serving personnel, Reservists, Veterans and their families - can drop in for a brew and a chat. They also provide an opportunity to gain advice and support and there are now several Community Hubs in the county including Corby, Daventry, Kettering and Northampton. There will be a pop up hub at Northampton General Hospital South Entrance on Mondays from 1.30-3.30pm starting on the 12 September. For more information call West Northants Council on 0300 126 7000.



DDF Needs Your Support

The Local Lotto enables local good causes,

community groups like ours and sports clubs to raise a

regular income as well as giving ticket buyers a chance to

win up to £25,000 every week. West Northants Council makes no profit from the Local Lotto and the ticket income goes to local good causes and a central prize fund. DDF has signed up to raise funds to keep the forum going and members can buy a weekly ticket from www.local-lotto.co.uk/support/the-daventry-and-district-forum Tickets cost £1 each and DDF members can elect for 40p of the ticket price to go to DDF.



Braunston Heart

0800 002 9066 heart@braunston.org.uk

Byfield

Contact Number: 01327 227000 Email: byfieldgns@gmail.com

Crick

Contact Number: 07517 802097 Email: crickgn@gmail.com

Kilsby

Contact Number: 01788 486040 Email: kilsbygoodneighbours@gmail.com

Long Buckby Angels

Contact Number: 07594 316370

Email: longbuckbyangels@gmail.com

Moulton (+ surrounding areas)

Contact Number: 07484 907438

Email: communityconnect-or@moultonparishcouncil.org.uk

Naseby (Pop-Up)

Felicity: 07759 076161

Liz: 01604 740568

Chris: 07817 441948

Email: Penny goodneighbours.nasebypc@gmail.com

Welton

Contact Number: 07938 237 070

Woodford Halse

Contact Number: 01327 206221 between 11am – 1pm & 2pm-6pm Monday - Saturday

Email:

help@whgoodneighbours.com





Bring along your existing electric blanket to a representative of Age UK Northamptonshire for a FREE safety check to make sure it keeps you safe and warm this Winter.

Choose your venue and pop along to see us 10.30am-12.30pm.

Wednesday 21st September 2022 Monday 17th October 2022

Finedon Community Centre

71 Wellingborough Road

Finedon NN9 5LG

The Abbey Advice

& Resource Centre

Market Square

Daventry NN11 4XG

For more information call Roger Harris on 01604 631030 or roger.harris@ageuknorthants.org.uk

www.ageuknorthants.org.uk

The William and Patricia Venton Centre, York Road, Northampton NN1 5Q Registered charles No. 1050905

Northamptonshire













Would you like to join our friendly committee?

Vacancies available:

Committee Members

Please contact Emma Parry on 0300 126 7000

or email

ageingwell.ddc @westnorthants .gov.uk

Household Support Fund

Older people in West Northants are encouraged to cash in their existing

Post Office vouchers as DWP Household Support Fund deadline is extended until 30th September 2022.

If you are eligible you will already have received a letter including a one-off payment of £100.00 in the form of a Post Office voucher which can be cashed at the Post Office, paid directly into a bank account, or used to pay a utility bill. For more information call West Northants Council on 0300 126 7000.



Information, tips and & District updates to help you cope

At Citizens Advice Daventry & District, advisers and caseworkers can give you support and advice on a wide range of issues from welfare benefits and debt advice to housing, employment, immigration, community health. We are trained to support people with mental health conditions and/or disabilities and provide a fully accessible service to the community as a whole.

To access cost of living and energy cost support you can attend our drop-in service or book a face-to-face appointment, send an email via our website, or call the telephone Adviceline or the local office. We offer home visits for those who have difficulty accessing our offices.

You can visit us at The Abbey, Market Square, Daventry NN11 4XG, Monday-Friday: 10am-3pm, Thursday & weekends - CLOSED.

To speak to a telephone adviser call 0808 278 7899, or to request a call back call 01327 701646. To submit an email enquiry enquiries@cadd.uk, or visit our website citizensadvicedaventryanddistrict.co.uk

If you would like to volunteer with us please contact us!

Looking after your mental health is important, more people need support with their mental health since the pandemic. There is support out there, contact your GP to seek help and support. Here are some useful contacts:-

MIND - 0300 123 3393 Samaritans - 116 123

Relate - 01604 634400 TEXT Shout -85258



OPEN

Tuesday - Wednesday - Friday 09:30 - 12:00



WHERE ARE WE?

New Street Centre (Next Door to Tesco)
13 New Street
Daventry, NN11 4BT
Tel: 01327 300614

....Also at the New Street Café......

Tuesdays between 10am-12pm we have a games morning, everyone is welcome, just turn up on the day. Lots of different board games to choose from and other activities like quizzes, great way to make new friends. The Tuesday Dance Club between 2pm-4pm is a volunteer led group of older people meeting once a week to dance, listen to music and to socialise. There is a small charge to cover the cost of room hire and refreshments. The Knit & Natter Group meet every Wednesday from 10am—12pm, it's a great way to take part in a new hobby and have a chat, we have needles and wool to get you started. Also there is Wednesday Whist Drive from 2pm—4pm, it's really good fun! For more information please call 01327 300614.

Useful Contacts

<u>Oserui Contacts</u>	
Action Fraud	0300 123 2040
Care and Repair Daventry District	0300 126 7000
Citizens Advice Daventry & District	03444 88 9629
DACT Mobility	01327 312555
Daventry Area Community Transport (DACT)	01327 701665
Daventry Town Council	01327 301246
Daventry Volunteer Centre/Happy@Home	01327 300614
Deafconnect	01604 589011
Dementia Connect Service (Alzheimer's Society)	0333 150 3456
Everyone Active Daventry Leisure Centre	01327 871144
Free Home Fire Safety Checks (Daventry Fire Station)	01604 797004
NHS Coronavirus Testing Contact Centre	119
NHS England	111
NHS Nene Clinical Commissioning Group	01604 651100
Northampton & District Mind	01604 634310
Northamptonshire Age UK	01604 611200
Northamptonshire Association for the Blind	01604 719193
Northamptonshire Carers General Enquiries	01933 677837
Northamptonshire Carers Support Line	01933 677907
Northamptonshire Chronic Pain Support	07534 49 48 30
Northamptonshire Crimestoppers	0800 555 111
Northamptonshire Energy Saving Service (NESS)	01604 623700
Northamptonshire Healthwatch	0300 002 0010
Northamptonshire NHS 24 hours Mental Health Support	0800 448 0828
Northamptonshire OTAGO Falls Prevention	01604 366 976
Northamptonshire Police Emergency	999
Northamptonshire Police Non-emergency	101
Reach for Health Daventry	01327 871118
Spring Social Prescribing in Northamptonshire	01604 974995
The Royal British Legion Helpline	0808 802 8080
The Silver Line	0800 4 70 80 90
West Northamptonshire Council	0300 126 7000
Wiltshire Farm Foods	0800 077 3100
WorkitOut dance/exercise Brixworth, Scaldwell, Walgrave	07910 124716



The Management
Committee
campaigns for
appropriate action
on an ongoing
basis for its
members,
by working
together we have
proved we
become more
than the sum
of all the parts to
the people we
serve.

If you would like to join us please contact Emma Parry on 0300 126 7000

or email

ageingwell.ddc @westnorthants. gov.uk

